

THE SMARTEST PHONE USER CONTRACT

AN AGREEMENT BETWEEN PARENT AND CHILD



FamilyOrbit

I _____, am the proud user of a cell phone, a privilege my parents have kindly bestowed on me.

As a minor, I understand that making use of a cell phone gives me the freedom to communicate with my family and friends, and opens a world of connection to interesting content. I also understand that unmonitored cell phone usage can be risky, resulting in anything from me becoming really, really boring because I am always looking down at my phone, to bringing about genuine harm to myself and others.

With the freedom to use a cell phone, comes great responsibility. By agreeing to the terms below, I agree that I am mature enough to use a cell phone in a manner that will make it a beneficial part of my life, rather than a source of harm to me and those around me.



A NICE DEVICE

- ☐ I understand that the main reason I have a phone is for my parents to contact me. I promise to answer the phone immediately if they call. If I am unable to answer it for a legitimate reason, I will call them back right away.
- ☐ My phone will be turned off by _____ on weekdays, and by _____ on weekends.
- ☐ I will never use my phone when I am supposed to be sleeping or working.
- ☐ I understand that a cell phone is expensive. If it gets lost or damaged, it will be my responsibility to replace or fix it.
- ☐ I promise to give my parents the password to my phone, as well as to any accounts that I have on it.
- ☐ I will consult my parents before downloading any apps on my phone.
- ☐ I will not lend my phone to anyone without my parents' permission.





THE 'ME' IN SOCIAL MEDIA

- ☐ I understand that anything I share on social media can possibly be shared publicly. This means with everyone I know and even with people I don't know.
- ☐ I understand that if I share selfies that are of a graphic nature, these could be shared publicly, even if I have only sent them to one person. I understand that both my safety and my reputation are at stake by doing this.
- ☐ I will never share anything on social media that I would not show my parents.
- ☐ I will never engage in behaviour that hurts other people. I understand that bullying on social media is still bullying. My phone is not a weapon to hurt others.
- ☐ If someone is bullying me on social media in any way, I will immediately report it to my teacher or my parents.
- ☐ I will never pretend to be anyone else on social media. I will never taunt, tease or provoke other people under a different name.
- ☐ If I witness any harmful behaviour on social media, I will report it immediately.
- ☐ I will not make connections on social media with people I do not know in real life.
- ☐ I will never meet with anybody in person whom I have only ever encountered on an online platform.



GETTING CAUGHT IN THE WORLD WIDE WEB

- ☐ I will not view or engage in anything online that I would not willingly show my parents. This includes anything that contains violence or nudity.
- ☐ I understand the internet is a vast digital place that contains pages that I may not be old enough to understand. I promise to tell my parents if I come across anything that I do not feel comfortable with.
- ☐ I agree that my parents have the right to use monitoring and control software on my phone. This is for my own benefit and because they care deeply about my safety.





SAYING NO TO CELL-FISH BEHAVIOUR

- ☐ I will never prioritize my phone over time with my family and friends. This means that I will not look at my phone while on family outings nor when visiting friends.
- ☐ I will never use my phone during meal times, no matter how boring my parents' stories are.
- ☐ I will never use my phone during class, nor when I am studying.
- ☐ I will never use my phone while I am driving. I understand that doing this is not only dangerous to me, but to those around me.



By agreeing to these terms, I am confirming that I am mature enough to make use of a cell phone.

If I break any of the agreements above, my parents have the right to confiscate my phone for _____ days.

My Signature

Date

Parent's Signature